EcoTech Week 1,3,4,5,6,&7

Weeks 1, 3, 4, 5, 6, and 7 will follow the same itinerary. Occasionally, weather forecasts may require a shuffling of the order, but we rarely cancel for weather.

For parents’ convenience, staff will be ready to receive participants as early as 8:00, however the program begins daily at 8:30. Every day, we will return to the Rec Center at 3:30.

If you need a snorkel/mask, you may order one from camp for $25. Let us know weeks ahead of time, should we need to order some.

Use the information in the chart below to prepare for the activities of each day. Many parents wish to replicate these days with the family, so there is a maps link in the chart which shows you where we’ll be headed each day.

Bring to camp every day:

* Wear your bathing suit to camp under your clothes (There are usually no changing rooms) \* We’re not swimming Billy Goat Trail Day.
* A day pack (like a book bag, with padded straps – not a drawstring bag)
* A bagged lunch (sometimes in a gallon zip-loc, see chart)
* At least 1 liter of water (we suggest more than one refillable bottle)
* A plastic bag of dry clothes (just in case you want to change)
* A towel in a zip-loc/drybag
* Sturdy closed-toed shoes for water (Old tennis shoes work best.)
* Sunscreen and hat (We are not allowed to share amongst campers.)
* A little cash for possible snowballs or snack bars – no promises

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| Day of Week | Preparation | Activities/location |
| Monday | * Everything on your list
* Possible snack bar today
* Bring stuff for the beach including balls or frisbees
 | We will take a nature’s edibles hike, paddleboard in the bay, see Bald Eagles and waterfowl, do the water-balloon slingshot, and have a beach party at beautiful [Hammerman Beach at GunPowder State Park](https://g.page/easternwatersportshammerman?share), 7200 Grace Quarters Rd. Middle River 21220  |
| Tuesday | Everything you bring will be attached to your SUP and will get wet:* Lunch in zip-loc/drybag
* Water bottle with loop for attaching to SUP
* Extra clothes, phones, cash and towels can stay in the bus for the ride home
 | Paddle-boarding down the Gun Powder River. We start at [NCR Trail – Monkton Station](https://goo.gl/maps/f3K38bY1RPSvxSY18) and finish at [NCR Mile 2 lot on Phoenix Rd.](https://goo.gl/maps/KUtWJ7R4YYBWtUfg6) Probably the best day of camp all week due to the wildlife, rope-swing and adventure. |
| Wednesday | * Not swimming today.
* Sunscreen, hat and drinking water are the most important.
* Wear sturdy walking shoes and make sure your socks come up out of your shoes.
 | We are hiking the Billy Goat Trail along the C & O Canal Towpath at [Great Falls Parking Lot in Potomac, Md 20854](https://goo.gl/maps/EwE8nhyGuSbWEEPm7) It is said to be the most picturesque place in Maryland. |
| Thursday | * Normal list
* Snorkeling masks
* Snacks for lunch in zip-loc to accompany the hotdogs provided by camp
 | Tubing or hiking downriver to Pot Rocks, where we’ll snorkel and swim, cook over a campfire, learn some survival skills, and explore. Location: [GunPowder State Park lot at Bel Air Rd.](https://goo.gl/maps/ew6krkJuwfncFSUj9)  |
| Friday | * Everything on the list
* Bravery for the blob
* Snorkeling stuff
 | [Guppy Gulch Water Park](https://goo.gl/maps/oc5Dm8Fm13nhf6ET6) Delta, PA (about 2 miles over the state line) This is an amazing place and usually the kid’s favorite day. See the [website](http://www.guppygulchcamp.com) for details. |